

EMFACE®

WHAT IS EMFACE AND HOW DOES IT WORK?

Say goodbye to needles and downtime with EMface. It's a aesthetic treatment that delivers a facelift without the need for surgery, fillers, or toxins. With its cutting-edge technology, EMface combines HIFES and RF energy to smooth wrinkles, tone facial muscles, and lift the face for a radiant look.

Unlike traditional facelifts, EMface is painless and requires no recovery time. Patients carry on with their daily routines after their treatment. EMface fights aging signs by boosting collagen and elastin production in the treatment site. As your body makes more of these vital proteins, you'll notice your skin looking fresher and younger.

HOW LONG DOES AN EMFACE TREATMENT LAST?

Each session lasts 20 minutes. During the session, you'll experience a relaxing facial muscle massage and a warm sensation on your skin.

For an optimal outcome, we recommend a series of 4-6 sessions spaced 3-10 days apart. With EMface, you can achieve a glowing complexion without sacrificing your time or comfort. You'll enjoy stunning results for 3-6 months after completing your treatment.

PRE-TREATMENT INSTRUCTIONS:

- Please stay hydrated by drinking plenty of water 48 HOURS prior to allow the RF energy to flow easily and influence the skin tightening
- Please avoid taking NSAIDS, topical steroids or oral steroids for at least 5 days prior to treatment
- Please come in with a freshly washed face without any lotions, creams, or makeup on the face.

- Your face will be wiped with rubbing alcohol prior to the placement of the pads, but having clean skin will help expedite the placement by a lot.

CONTRAINDICATIONS:

Facial piercings in the areas of pad placement, cheek implants, forehead implants or metal plates, facial tattoos in the areas of the pad placements, presence of active skin infection or open wounds, and active severe acne breakout.

POST TREATMENT INSTRUCTIONS:

EMface aftercare is all about taking care of your skin and giving it what it needs to thrive. By staying hydrated, using top-notch skin care products, protecting your skin from UV rays, and adjusting your lifestyle, you can ensure your EMface results last for as long as possible.

STAY HYDRATED

Your skin will look its best if you drink enough water throughout the day. Keep your body hydrated by consuming at least eight glasses a day.

USE QUALITY ANTI-AGING SKINCARE PRODUCTS

Use quality skincare products that contain anti-aging ingredients. Ingredients like hyaluronic acid, retinol, and vitamin C can help boost collagen and elastin production, which further reduces the appearance of fine lines. You will be provided a goody bag with Skin Better Science products to use throughout your treatments. Alto Advanced Defense and Repair Serum is a super-potent antioxidant serum that helps shield the skin against the effects of internal and external free radicals. Vitamins C and E, plus 17 additional free-radical fighters, AlphaRet Overnight Cream combines two gold standard skin rejuvenation ingredients - a retinoid and an AHA (lactic acid) - joined together to create the revolutionary AlphaRet Technology that minimizes irritation. It also contains a blend of antioxidants to help neutralize free radicals.

DON'T FORGET YOUR SUNSCREEN

Another essential aspect of EMface aftercare is to protect your skin from UV rays. Use sunscreen with at least an SPF of 30 when you go out, even on cloudy days. UV rays can accelerate skin aging and cause sun damage. If you can, avoid direct sunlight as much as possible. Also in your goody bag will be Skin Better Science Sunbetter TONE SMART SPF 75 Sunscreen Lotion. Free of pore-clogging oils, broad spectrum sunscreen acts as a primer under makeup or in place of a light coverage foundation. Helps prevent sunburn if used as directed with other sun protection measures to decrease the risk of skin cancer and early skin aging caused by the sun.

All skinbetter science products are dermatologist tested, paraben free, fragrance free, dye free, and cruelty free.

MAINTAIN A HEALTHY LIFESTYLE

Your lifestyle choices can impact your EMface results. Eating a healthy diet, staying active, and managing stress can promote glowing skin and prolong your EMface results. Lifestyle factors like smoking and drinking can also accelerate skin aging. Quitting smoking and limiting alcohol consumption can have a positive impact on your skin's overall health.

HOW CAN I IMPROVE EMFACE RESULTS?

There are several ways to enhance your EMface results and make the most of your treatment. Here are a few tips:

FOLLOW PROPER AFTERCARE GUIDELINES

After treatment, your specialist will provide proper aftercare guidelines for you to follow. Try to stick to it as best you can for the best results. This includes staying hydrated, avoiding direct sunlight, and practicing a healthy, well-rounded lifestyle.

PLAN A SERIES OF TREATMENTS

While a single EMface treatment can bring visible results, a series of treatments can maximize the benefits. Dr. Regan may recommend a specific treatment plan. But generally, it's typical to have a program with four to six sessions spaced a week apart.

GET A COMBINATION OF TREATMENTS

Consider combining your EMface treatment with other non-invasive treatments to enhance results. For example, combining EMface with Exion RF Microneedling.

WHEN IN DOUBT, ASK QUESTIONS

Remember that everyone's skin is different. So, EMface results will vary depending on factors like your age, skin type, and severity of wrinkles. Your current lifestyle habits could also affect the outcome. Share your expectations with us over a free consultation. From there, we can craft a customized plan to fit your needs.

CAN I GET A FACIAL AFTER AN EMFACE TREATMENT?

We recommend avoiding facials for at least 48 hours after an EMface treatment.